



NC STATE EXTENSION

July 20-23, 2020

2019-2020 State 4-H Officers



President – Emily Worth – Johnston County
Vice President – Jessy-Kate Glenn – Mitchell County
Secretary/Treasurer – Leah Jackson – Johnston County
Reporter – Kyler Glover – Yancey County

This year's State Council theme - ***Define Your Vision*** couldn't have been more timely. Even if you had perfect 20/20 vision you couldn't have foreseen a global pandemic yet we've found new and innovative ways to grow the clover and support our vision of a better world. This year's *Virtual 4-H Congress* is a shining example of what "we" (all of us - 4-H'ers agents, the state 4-H team, specialists, alumni, donors, and supporters) can do when we share a common vision to change the world. This year's 4-H Congress is going to be amazing! We encourage everyone to participate fully; attend the interactive workshops, get to know the state officer candidates through the multiple social media outlets, participate in the online Honor Club tapping ceremony, dance the night away with us during our Virtual Dance Party and more. Yes, this year's 4-H Congress will be different but we've held true to the traditions we all hold dear while embracing this quote from Socrates: "The secret of change is to focus all of your energy, not on fighting the old, but on building the new".

NC 4-H Congress July 20-23, 2020

Monday, July 20: *Realize YOUR Vision*

1:00 - 1:40 pm

Opening Assembly

- State 4-H Council Official Welcome
- Flag Ceremony
- Greetings
 - Dr. Mike Yoder, Associate Director and State Program Leader, 4-H, NC State Extension

1:40 - 2:10 pm

State 4-H Council Meeting

Emily Worth, State 4-H Council President, Presiding

- Pledge of Allegiance
 - Jessy Kate Glenn, State 4-H Council Vice President
- 4-H Pledge
 - Kyler Glover, State 4-H Council Reporter
- Officer Nominations

2:10 - 2:20 pm

Break

2:20 - 3:00 pm

State 4-H Officer Candidate Introductions

3:00 - 4:00 pm

NC 4-H Honor Club Tapping

Tuesday, July 21: *Create YOUR Vision*

1:00 – 2:00 pm

Workshop Session I

Select one to attend.

- **Let's Have A Personality Party (North Central District Officers)**
Heard of Enneagram? No, it's not the newest line dance, it's a personality typing system! In this workshop, you will learn more about yourself, others, and how to use your personality to lead. We will discover the motivation behind your own and other's actions. During this workshop we will also look at what popular tv shows and movie characters have your same personality type! Hope you can join us for an interactive workshop.
- **Leadership 201: From Best to Better (Southeast District Officers)**
What kind of leader are you? Join the Southeast District Officers where we will take your best leadership skills and make them even better! We will take a deeper look at a few of the many important components to being a good leader.
- **Public Speaking (Ambassador Bronze) (Jessica Hogan & Barbara Byers)**
This is a bronze level ambassador training session that is beneficial to all 4-H'ers in North Carolina. In this session we will cover what you need to know about public speaking in every setting. Youth will put their newly learned skills to the test by the end of the workshop!
- **Self & Community Care in Uncertain Times (Dr. Maru Gonzalez and Luke Shealy)**
We are living in challenging times. An ongoing global pandemic coupled with growing social unrest have taken a toll on our collective social and emotional well-being. Now, more than ever, it's important to stay connected in ways that are meaningful, to seek joy, and to take care of ourselves and each other. Using relevant content from #PassTheMicYouth and amplifying the voices of young leaders, this workshop will engage youth participants in a series of reflective and experiential activities about centering self-care during times of hardship and uncertainty.
- **Tips and Tricks to Thrive During Your First Year of College**
(Lauren Winslow & Anna Marie Vagnozzi)
Come to this session to learn about tips and tricks to thrive during your first year of college. We will explore opportunities to help you become and stay engaged and active in your campus community. This session will focus on real life, practical information to help you get the most out of your first year of college.

- **Traffic Engineering, The Science, Technology, Engineering, and Math of Moving People and Things (Dr. Martin Kane)**

This session will help you to learn the language of traffic engineering both as a young traveler and a driver. We will cover topics ranging from how to communicate with other drivers and pedestrians to human factors that affect drivers. We will also look at how transportation engineers address and solve problems!

2:30 - 3:00 pm

Events & Activities Recognition

Leah Jackson, State 4-H Council Secretary/Treasurer, Presiding

- Youth Volunteer Award Recipients
- Recognizing Youth Service
- Celebration of 2020 Award Recipients

3:00 - 4:30 pm

2020-2021 State 4-H Council Q&A

7:00 - 7:45 pm

State 4-H Officer Candidate Rooms

7:45 - 9:00 pm

4-H Dance Party!

Dress your best and show off your awesome dance moves!

Wednesday, July 22: *Believe in YOUR Vision*

Prior to the afternoon voting assembly, counties should huddle virtually to determine how their county will cast their ballots for the 2020-2021 State 4-H Council Officers.

1:00 – 2:00 pm

Workshop Session II

Select one to attend.

- **Trouble On The Train (South Central District Officers)**

Solve a fun murder mystery by going through a set of rooms and collecting evidence . Become a detective and see if you can solve this mystery before time runs out .While you are working with your team to develop your case you will receive information that could help you solve the case or lead you astray. Determine who can be trusted and what information is true and you might just solve the case.

- **Working Together while Staying Apart (West District Officers)**

Working Together While Staying Apart” is a workshop designed to teach the importance of teamwork. By taking the True Colors test, teens will get the chance to learn and understand the different personality types. They will discuss what their personality type can bring to a team and get the chance to practice in an interactive PowerPoint simulation.

- **Nuts and Bolts of becoming a District Officer (Northeast District Officers)**

Have you ever wondered what it's like to be a district officer? If so, then this workshop is for you! Join the Northeast District Officers as they discuss the "Nuts and Bolts" of being a district officer. From this workshop you will not only learn about being a district officer, but also learn helpful tips and tricks to help you on the county level as well.

- **Taste of Mexico (Guillermo Estrada and Michelle Estrada)**

Taste of Mexico will provide 4-H’ers with an interactive workshop focused on culture and cuisine. We will be showing some traditional Mexican attire and will teach youth simple Spanish phrases, facts about Mexican culture and dance, and watch a folklorico performance. 4-H’ers will also learn how to prepare a Mexican dish, while implementing healthy lifestyle choices into their food. Get ready for culture, music, dance and a “Taste of Mexico”

- **Team Building (Dave Herpy)**

Need an activity to energize your group? Don't have any equipment? No problem! Learn a variety of energizers, icebreakers, name games, and team building initiatives that don't require the use of props through this interactive session.

2:30 - 4:00 pm

State 4-H Officer Elections

*Kyler Glover, State 4-H Council Reporter, Presiding
Sally Dixon, NC 4-H Honor Club*

4:00 - 4:30 pm

Special Presentations

- Collegiate 4-H Club at NC State
- Senior Shout Out

8:30 - 9:30 pm

Evening Celebration

- George Smith Memorial for 2019-2020 State 4-H Council Officers
- 2020-2021 State 4-H Council Officer Installation

Thursday, July 23: *Activate YOUR Vision*

1:00 - 2:00 pm

Closing Assembly

*Jessy Kate Glenn, 2019-2020 State 4-H Council Vice President,
Presiding*

- 2019-2020 State 4-H Council Officers Farewell Addresses
- Closing Remarks
 - Dr. Rich Bonanno, Director of NC State Extension and Associate Dean of the College of Agriculture and Life Sciences at North Carolina State University
- A Look Back at Congress 2020
- Adjourn
 - 2019-2020 State 4-H Council Officer Team
 - 2020-2021 State 4-H Council President

2019-2020 State 4-H Council State Officers

President – Emily Worth
Vice President – Jessy-Kate Glenn
Secretary/Treasurer – Leah Jackson
Reporter – Kyler Glover

District Officers

North Central

President: Sydney Loflin,
Davidson County
VP: Deanna Mitchell,
Davidson County
Sec/Treas: Mekhi Womack,
Caswell County
Reporter: Kaitlyn McBroom,
Orange County
Advisor: Brandi Boaz
Advisor: Matt Barber

South Central

President: Emily Pennell,
Cabarrus County
VP: Sophie Perkins,
Lincoln County
Sec/Treas: Nikki Tuttle,
Union County
Reporter: Taivon Sams,
Union County
Advisor: Rich Chuvala
Advisor: Jackie Helton
Advisor: Cathy Brown

Northeast

President: Nathaniel Potter,
Franklin County
VP: Wil Haines,
Pasquotank County
Sec/Treas: Samantha Corduan,
Washington County
Reporter: Jeffrey Bradley,
Edgecombe County
Advisor: Guy Holley
Advisor: Crystal Smith
Advisor: Sara Villiwok

West

President: Haley Hargus,
Henderson County
VP: Abbigail King,
Haywood County
Sec/Treas: Angela Mason,
Madison County
Reporter: Lauren Yost,
Madison County
Advisor: Sally Dixon
Advisor: Eve Kindley
Advisor: Mary Arnaudin
Advisor: Cynthia Robbins

Southeast

President: Zane Anderson,
Pender County
VP: Morgan Hansen,
Pender County
Sec/Treas: Charlotte Edwards,
Wilson County
Reporter: Sydney Blair,
Brunswick County
Advisor: Morgan King
Advisor: Liz Peterson

A Special *Happy Congress* Thank You To:

Congress Advisory Committee

Mark Dearmon, Retired, Director - Communication Services, NCSU

Nanci Furr, NC 4-H Honor Club Member & 4-H Alumni

Scott McCollum, NC 4-H Honor Club Member & 4-H Alumni

North Carolina State 4-H Team

Anna Marie Vagnozzi, NC 4-H Honor Club Member & 4-H Alumni

Andrew Winebarger, NC 4-H Honor Club Member & 4-H Alumni

Lauren Winslow, NC 4-H Honor Club Member & 4-H Alumni



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