## Overnight Sleeping Rooms Rule for the 4-H Youth Development Program

1. Introduction: This rule was developed by the Department of 4-H Youth Development to ensure best practice guidelines when arranging overnight sleeping accommodations for adults and youth at 4-H programs. The rationale for this rule is to avoid situations that place adults and youth in compromising circumstances. This rule intends to promote a safe environment for both adults and youth at 4-H overnight functions.

- 2. Overnight Sleeping Rooms Rule for Adults and Youth at 4-H Programs
- 2.1 In assigning 4-H program participants to housing for overnight activities or events, unrelated adults should never share a bed or private sleeping rooms with youth. Youth should be assigned private sleeping space with other youth within a three-year age range. No more than one youth may be permitted to sleep in any bed, air mattress, bunk, or hide-a-way sleeper. Adults should be assigned sleeping space with other adults. No individual youth under the age of 18 should be assigned to a private room.
- 2. 2 If a circumstance exists such that rule 2.1 is not feasible, then local 4-H office may in its discretion allow a parent/guardian to choose one of the following options:

Option 1: The parent/guardian may sign a consent form for a youth under the age of 18 years of age to stay in a room alone. This form must be signed by the County 4-H Agent, County Director, and witness unrelated to the youth, parent or guardian.

Option 2: The parent/guardian may sign a consent form for a youth to be assigned an overnight sleeping room with an unrelated adult. This form must be signed by the County 4-H Agent, County Director, and witness unrelated to the youth, parent or guardian.

Option 3: The parent/guardian may sign a consent form for youth to room with another youth that is more than three years older or younger. This form must be signed by the County 4-H Agent, County Director, and witness unrelated to the youth, parent or guardian.

Regardless of which option is chosen, the agent-in-charge must secure written consent from the parent/guardian. Appropriate forms of consent include the completion of a form provided to the parent/guardian by the 4-H agent or an email from the parent, in which the parent explicitly states approval.

- 3. Overnight Sleeping Rooms Rule for Dorm and Cabin Lodging at 4-H Programs
- 3.1 In assigning overnight accommodations in dormitory or cabin style sleeping situations, appropriate supervision must be arranged. Adults who are assigned to the cabins/dormitories should be counseled in appropriate supervision of the youth participating in the program. To the extent possible, youth participants should be grouped by age.

## 4. Compliance Guideline

4.1 Failure of Extension staff to comply with appropriate best practice guidelines regarding housing for overnight activities or events may result in disciplinary action.